



# Roseville College

An Anglican  
School For Girls

Tuesday 13 May, 2008



## Roseville College encourages sport for a happy and healthy life balance

Girls at Roseville College have outstanding levels of participation in many forms of sport. At Roseville, where sport is not compulsory, over 85% of our girls participate in extra-curricular sport annually, defying research that indicates that there is typically a 50% drop off in sport involvement for girls around the 13-14 year age group.

Research also indicates that girls want to play sports traditionally perceived as male sports, such as touch football and soccer, to be taught by female PE teachers, and to be inspired by other sporting role models. Roseville College satisfies all these criteria. Our goal is to assist our girls in maintaining a strong work-life balance that incorporates an involvement in lifestyle sport.

Roseville College has always had fantastic results at the Tildesley Shield and this year was no different. After three days of intense tennis, competing against 23 other IGSSA (Independent Girls' Schools Sporting Association) schools, Roseville won the Shield by 65 points, one of the largest winning margins ever. Tildesley Shield history was also created when doubles duo, Taysha Blessington (17) and Poppy Goh (17), won the doubles title for the fourth consecutive year. Roseville has now won the doubles title six times out of the last seven years.

Roseville College has also had an incredibly successful term in other sports, with many girls selected in to IGSSA and/or NSW/CIS (NSW Combined Independent Schools) teams:

- IGSSA swimming
- IGSSA Under 16 basketball
- IGSSA softball
- IGSSA Open basketball
- IGSSA U16 hockey
- NSW/CIS tennis
- NSW/CIS cricket
- NSW/CIS softball

Roseville College also supports and encourages our girls who participate in non-school sports such as equestrian, martial arts, skiing, and many others.

There have been some amazing achievements, there have been great displays of sportsmanship, and most importantly there have been lots of happy and healthy young sportswomen continuing to put Roseville on the map!

For further information please contact:  
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Photograph: Top left - Roseville College Tildesley Tennis Shield Team of 2008

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Media Release